



We are back to in-person worship!! If you would like to attend, please bring **your proof of double vaccination, and wear a mask**. Up to 75 people can be seated with **social distancing**. As well, we will continue to livestream our Sunday service via Zoom. Details regarding how to connect to this platform will be emailed each week to those on our contact list. If you are not on our contact list and would like these details, contact the office at office@rhuc.org. To access the home-based worship resource so you can use to follow along or take time for personal reflection, use the links found on our website and below. Youtube:

<https://www.youtube.com/channel/UCwkuGIs8OqJQCemMLJ6lpdw>

worship and music

Message from Karen:

The word “arise” is an action word, encouraging movement: it is the theme for a six-week worship series which began last Sunday. To be able to “arise” we need energy, health, and support. I want to acknowledge that this forward action is cyclical – we cannot always be arising, it would be exhausting!

The natural world models this cycle of dormant preparation, sprouting life, dying, and returning to the earth. Asparagus is yummy; my dad had a bed in our garden as I was growing up. I can remember being frustrated at how long I had to wait to taste the first crop – from seed to harvest takes four years – the first two years of the process takes place underground!

As a person who loves to be on the move, I have come to appreciate the importance of rest. In biblical terms rest is called “sabbath” when we slow down and open ourselves to the divine mystery. So wherever you are in the cycle, be present to the gift it brings. As we celebrate Anniversary Sunday, let us reflect on where we are in the life cycle of Richmond Hill United Church.

SPECIAL SUNDAYS

May 1 - Anniversary Sunday. Worship leaders, Vincent Conville & Karen Dale

May 8 - Family Day

May 29 - Covenanting Service with Karen Dale, the RHUC congregation and Shining Waters Region. Guest preacher Rev. Debbie Johnson.

Forest Church: Sunday May 15 at 2:00 at Twickenham Park off Canyon Hill Avenue.

May 1 @ 10:30 a.m.: The order of service and hymns are also found on our website under Home and Our Ministry – Spirit pages.

[Order of service](#)

[Hymns](#)



Sunday offering: We appreciate those who use Pre-Authorized Remittance (PAR). For those not on

PAR, please consider making sure you get your weekly envelope money in (mailed in or mail slot on Centre. St. door), e-transfer to office@rhuc.org, Canada Helps, <http://www.rhuc.org/donate.html>, or cheques to the Church, 10201 Yonge St., Richmond Hill, L4C 3B2.

programs for all

Shalom Seekers: Please join us on **Monday, May 2 at 10 a.m. on Zoom** as we finish the discussion of Chapter 1 of Short Stories by Jesus: The Enigmatic Parables of a Controversial Rabbi by Amy-Jill Levine. We will finish the study of the parables of The Lost Coin, The Prodigal Son, and The Lost Sheep. Please read pages 59 to 76 for this coming week.

New members are welcome to try out the group at any time. Please speak to Sandra Loughton, Facilitator, to be added to the list for the Zoom invitation which is sent out on Sunday evenings.

United Church Women: Our UCW group will meet via **ZOOM at 10:30 on May 4, 2022**. Our theme will be “Celebrating Canadian Women”. Please think of a Canadian woman who in her life has “made a positive difference for her family / community / country. We will be asking you to share your reason for choosing to celebrate this person. Thanks for your participation. All church women are welcome to attend.



CC 'Cook's Corner'! Trying to eat less meat? Why not try 'Meatless Monday'! Watch this corner for new recipes. Send your favourite recipes to either Deb Fratin at office@rhuc.org or Lyn May at lynniemay@gmail.com. Thanks!!

Chinese Vegetable Fried Rice

8 oz Basmati rice (white or brown)
 4 eggs
 4 Tbsp oil
 3 green onions chopped
 1 clove garlic crushed
 1 " ginger grated
 1 tsp fennel seed
 6 oz green beans sliced
 6 oz peas
 4 oz mushrooms
 1 tbsp soy sauce
 salt and pepper

Cook rice in 2 cups boiling water for 10 min (white) or 20min (brown). Drain and cool.

Beat eggs and set aside.

Sauté onion, garlic, ginger and fennel for 1 min.

Add green beans, mushrooms and peas and stir fry for 2 minutes.

In a separate pan fry eggs in a little oil until golden and slice thinly.

Mix rice and vegetables and heat gently. Garnish with slivers of eggs. Sprinkle with soy sauce.

RHUC Book Club:



Please join us **on Wednesday, May 25 at 4 p.m. on Zoom** to discuss **SWIMMING BACK TO TROUT RIVER** by Linda Rui Feng. This is the selection for the 2022 One Book One Aurora program. We have a set of books on loan from the Aurora Public Library - enough for everyone. Linda Rui Feng is a Chinese Canadian writer and academic, whose debut novel *Swimming Back to Trout River* was longlisted for the 2021 Giller Prize.

A lyrical novel set against the backdrop of China's Cultural Revolution that follows a father's quest to reunite his family before his precocious daughter's momentous birthday, which

Garth Greenwell calls "one of the most beautiful debuts I've read in years."

Feng's debut is "filled with tragedy yet touched with life-affirming passion" (Kirkus Reviews, starred review), and "Feng weaves a plot both surprising and inevitable, with not a word to spare" (Booklist, starred review).

Please contact Sandra Loughton, Facilitator, for more information. New members are always welcome to join!

H.A.I.R.: HAIR (Heretics, Agnostics, Infidels and Other Riffraff), meets every Monday from 7:00 – 8:15 pm. We will continue to meet online, via Zoom, until further notice. These discussions are open to anyone interested, and new members are always welcome. For further information, or to get the zoom link for our next meeting, please contact David Leyton-Brown at dlbrown@yorku.ca

church news



Refugee Support

Committee: Good news! After a long and difficult three years our new friends, Nur and Ahmad Alwani, have arrived in Canada. RHUC has sponsored two Syrian families,

and this is our first arrival! Nur and Ahmad fled Syria and lived temporarily first in Egypt and then in Turkey while they waited for sponsorship. Their uncle and aunt, Ibrahim and Lodi, brought their case to our attention through the United Church of Canada in Toronto. They have taken on the financial support - both for the waiting period with all the expenses of temporary accommodation and the substantial costs of completing all the medical and security checks and for all the settlement costs for their first year in Canada. This is a huge load, but Ibrahim and Lodi have been here for 23 years and are well established in jobs and their new house in King City. They have of course welcomed Nur and Ahmad into their home and are thrilled to be together as a family but recognize that the young couple will be anxious to set up their own place, find jobs and settle into their new life. the King City home is quite far from public transportation and job possibilities.

Nur is an experienced IT technician and Ahmad has experience in the construction and retail industry. Both speak English - Nur's is excellent, written, and oral, and Ahmad is working on his. We hope to be able to help them find work - I will have their resumes soon. If anyone has any leads on one-bedroom apartments in the aurora /Newmarket/Richmond hill area that would mean they are able to find work and transportation and not be too far from family - and friends.



I am thinking of how helpful Men's Breakfast was to Waseem Mckhoul and how important church friends were to the rest of Waeem's growing family.

For now, the emphasis is on getting SIN cards, Health cards, bank accounts, drivers' licenses - all the things we take for granted!

The Alwanis are happy to receive visitors at their beautiful new home off Jane Street and have lots of outdoor space and a beautiful back garden with forest and streams - perfect for Forest Church. For now, in person get-togethers at church don't seem likely but I am thinking of setting up some smaller outdoor events. If you would like to be part of the Welcome Committee, please give your name to either Deb Fratin at the church office or Lyn May.

Several people have asked if they could contribute to the Refugee Support Fund. It is always helpful to have some money on hand for 'extraordinary' expenses to be used by the current family or future sponsorships. If you would like to contribute, please send cheques or other donations marked 'refugee support fund' to the church office

Many thanks again to DJ McCready and all the work he has done filling out endless sponsorship forms and setting up arrangements for disbursing financial support - and being the main go-to person over the last three years,

Lyn May, Refugee Support Committee

Broadview renewal time! If you would like to renew your annual Broadview subscription or sign up for the magazine subscription for \$25, please e-transfer to office@rhuc.org, mail a cheque or leave in the deposit box in the sanctuary by May 9. Thank you!

outreach

Reconciliation in Action - Hudson's Bay Company (HBC) Winnipeg

Once the largest poured reinforced concrete building in Canada, the HBC's Portage Avenue location's ownership has been transferred to the Southern Chiefs Organization.

"The SCO represents 34 Anishinaabe and Dakota Nations in southern Manitoba and more than 81,000 people."

The building (given heritage designation in 2019) was also a monument to build using locally sourced materials - 175,000 cubic feet of Tyndall limestone cladding was used on it's exterior.

"According to the HBC royal charter of 1670, the rent of two beaver and two elk was to be paid by the company whenever a British monarch visited Canada". The Southern Chiefs Organization presented two beaver pelts, two elk hides and a beaver hat to Richard Baker HBC's executive chairman and governor as payment for the building. "In turn, he [Richard Baker] gave [Grand Chief Jerry] Daniels a replica of a gold coin used as the original trade exchange currency between HBC

and First Nations, and a print of an 1819 map by HBC surveyor Peter Fidler of part of southern Manitoba."

"*Wewehneh Bahgakinahgohin* meaning "it is visible" in Anishinaabemowin, or Ojibway — is the name of the project, which promises 289 affordable housing units for members of southern Manitoba First Nations, two restaurants, a public atrium, a rooftop garden, a museum and an art gallery. The residential units will "address a crisis and dire shortage of First Nations housing," Daniels said. "Up to 500 people will find shelter and opportunity for success here.

With plans for a health centre that will embrace both western and traditional medical practices, it will also be a place where elders "will be supported and continue to share their world wisdom," Daniels said.

It will also become the governance house for the chiefs of the southern First Nations in Manitoba.."

[Source: <https://www.cbc.ca/news/canada/manitoba/udson-s-bay-building-winnipeg-southern-chiefs-redevelopment-1.6427436> & <https://nationaltrustcanada.ca/online-stories/winnipegs-iconic-hudsons-bay-company-building-gains-heritage-status-but-city-wrestles-with-its-future>]

Reconciliation in Action - West Kildonan Collegiate, Winnipeg

In order to graduate from West Kildonan Collegiate each student needs to complete a reconcili-action course.

The curriculum is titled *Reconciliation: Building relationships through Reconcili-action* was first introduced the 2018/19 school year.

"...includes cultural activities, Indigenous literature, and related assignments that explore four key themes: self-reflection and identity; treaty relations; environmental stewardship; and "reconcili-action"

"Among the 94 calls to action released by the Truth and Reconciliation Commission in 2015 was a request for governments to create and make mandatory age-appropriate curriculum on residential schools, treaties, and Indigenous peoples' historical and contemporary contributions to Canada. The TRC also called on governments to fund post-secondary institutions to offer teacher candidates training on integrating both Indigenous knowledge and teaching methods."

[Source: <https://www.thestar.com/winnipeg/2021/10/01/high-school-studies-enhanced-through-reconcili-action.html>]

Reconciliation in Action - Ryerson University name change



April 26, 2022 the Board of Governors unanimously approved the new name of Toronto Metropolitan University entering into a new chapter in the university's history.

"Our new name Toronto Metropolitan University embodies so many things about our university, our community, our students, faculty, staff and alumni. Located in the heart of our country's biggest and most diverse city - we represent all that it is to be metropolitan. We are a gathering place for people from all over the world, from all walks of life, with broad and diverse perspectives, lived experiences and aspirations.

From its earliest days, the city of Toronto - our home - has been a gathering place. Toronto comes from the Mohawk word "Tkaronto," meaning "the place in the water where the trees are standing" - a place where people came together. I know our new name will continue to invite people from all over the world to gather - to learn, to teach, to share, to undertake scholarly research and creative activities, and to engage in new ways of thinking and doing. Toronto Metropolitan University reflects all that we are and our commitment to continue being a destination for the great minds, partnerships and discoveries that we are already known for. "

Mohamed Lachemi, President and Vice-Chancellor

[Source: <https://www.ryerson.ca/news-events/news/2022/04/a-new-name-for-our-institution/>]

Book Sale @ RHUC - September 10



If you're at home and find yourself wanting to purge books...**STOP!** We're having a Book Event this year and will happily take your novels (no textbooks or workbooks please). We're collecting them now so we can organize them. Proceeds of the sale will be going to RHUC in order for us to continue our

important work in supporting our wider community's needs. Please contact Tracy Wixon tewixon3@gmail.com for pick up or drop-off of your books. Thank you!

community



If you can help...

Friends at RHUC – dear friends of our family have recently welcomed relatives from Kyiv, Ukraine who have fled the war. They are 2 sisters, both married, and both have husbands in the army who remain in Kyiv fighting. One of the young women has a 4-year-old boy and she is also approx. 30 weeks pregnant. If you have gently loved clothing for a 5-year-old boy (summer clothing, school clothing) or baby clothing (6 months plus) they would greatly appreciate it. Also, if a gently used infant car seat is available, it would also be appreciated.

Any items can be left on our front bench (34 Marsh St), phone Nancy at 905 508 0501 or you can email me at Nancy.hart@outlook.com to arrange a pick-up. Thanks for your consideration. *Nancy Hart*

net zero

On June 5th, come and join our next Climate Lunch and Learn where we will talk about how to reduce emissions if you live in an apartment and share some recipes for vegan cooking. Email me at targetclimatechange@gmail.com to get the zoom link or sign up with this Eventbrite link to get reminder emails and the zoom link. We will make the changes we need, together.

To unsubscribe, please write to: office@rhuc.org, and put "unsubscribe" in the subject line. Published by Deb Fratin. Please submit notices by noon on Wednesday.